



# I'm running a 5km! Guess my time...!

0:14:00	0:15:00	0:16:00	0:17:00	0:18:00
0:19:00	0:20:00	0:21:00	0:22:00	0:23:00
0:24:00	0:25:00	0:26:00	0:27:00	0:28:00
0:29:00	0:30:00	0:31:00	0:32:00	0:33:00
0:34:00	0:35:00	0:36:00	0:37:00	2:18:00
0:39:00	0:40:00	0:41:00	0:42:00	0:43:00
0:44:00	0:45:00	0:46:00	0:47:00	0:48:00
0:49:00	0:50:00	0:51:00	0:52:00	0:53:00
0:54:00	0:55:00	0:56:00	0:57:00	0:58:00
0:59:00	1:00:00	1:01:00	1:02:00	1:03:00
1:04:00	1:05:00	1:06:00	1:07:00	1:08:00
1:09:00	1:10:00	1:11:00	1:12:00	1:13:00
1:14:00	1:15:00	1:16:00	1:17:00	1:18:00

I'm running \_\_\_\_\_

Suggested donation £ \_\_\_\_\_

## Thank you!

Please send your final donations to: Southampton Children's Hospital Charity,  
Mailpoint 135, Southampton General Hospital, Southampton, SO16 6YD