


Southampton  
Hospital  
Charity

Newsletter | Autumn 2013



**The Red & White Appeal**  
Lady Brabourne opens the  
haematology day case centre

**Christmas cards** now on sale  
raising money for our Charity

**Actress**

**Susan Jameson**

**talks about Write Your Will Week**

**23rd to 27th September 2013**

**Solicitors give their time to write wills in return  
for donations to Southampton Hospital Charity**

# Welcome...



The Ready to Rock School for organising a concert and raising over £500 for the Adult Cystic Fibrosis Unit – Rock on!

## ... to the latest edition of the Southampton Hospital Charity newsletter

I am delighted to be stepping into Suzie's shoes as Fundraising Manager whilst she is on maternity leave. It is such an exciting time to join the hospital charity team with so much going on over the next few months.

September is seeing our first ever Write Your Will Week, whereby supporters are encouraged to write or update their wills through one of our supporting solicitors and instead of paying a solicitor's fee they are invited to make a donation to the hospital.

Also you are invited to come along, see behind the scenes of your local hospital and catch up with the charity team at the hospital's annual Open Day on **Saturday 28th September**, between **11am and 3pm**.

With Christmas now on the horizon, we would like to bring to your attention our Christmas cards as they are a great way to support the

charity. This year we have four designs (see back cover) to choose from. They are priced at £3.50 for 10 cards and all profit goes to Southampton Hospital Charity. We will also be running our second Shining Stars appeal and more details on this will follow later in the Autumn.

As always, we wouldn't be able to carry out the work we do without those who have supported the charity, so thank you.

That's all for now, we hope you enjoy reading this edition. Please let us know if you have any ideas for our newsletter or if there is anything you would like to see included next time.

**Finally, if you would prefer to receive our newsletter electronically then please email [charity@uhs.nhs.uk](mailto:charity@uhs.nhs.uk).**

Victoria Greenshields  
Fundraising Manager



# An everlasting legacy



Actress Sue Jameson explains why she has chosen to include Southampton Charity Hospital in her will. It is the ultimate gift that can make a difference to the lives of future generations in Southampton.

For actress Sue Jameson knowing her legacy will make a lasting difference to the lives of patients at Southampton General Hospital fills her with pride.

Although most people dread writing a will and with 60 per cent of people in the UK not having one, Sue said she couldn't be happier knowing she and her husband have plans in place to protect their loved ones as well as protect the future of their chosen charities.

The New Tricks star is a patron of Southampton Hospital Charity and is among a number of kind-hearted supporters who have pledged to leave a gift towards life-changing facilities in their wills.

And Sue, who is currently filming for more episodes of the CBeebies show *Grandpa in My Pocket*, is encouraging people to follow in her footsteps and leave their footprint in the future of Southampton General Hospital by giving a gift in their will ahead of Write Your Will Week.

Sue said: "Not having a will can cause so much distress. That's why Jim and I sorted ours out five years ago now and I would recommend everyone does it. It takes a huge weight off your mind; it's like having one room in the house all beautiful and tidy in case you ever need it. It's the peace of mind that you have prepared it and shut the door and it's ready for anyone who needs it. You don't have to worry then."

Legacy donations have made it possible for ground-breaking projects to go ahead at the hospital. Last year alone **£500,000** was raised through the generosity of those leaving a gift in their will.

Sue added: "What better way to be remembered than by helping make sure friends and loved ones will get the best care if they need it in the future? Knowing you can make such a difference where it is needed most is something truly special!"

## Write Your Will Week

**23rd to 27th September 2013**

Supporters of Southampton Hospital Charity are invited to have their will professionally written or updated. During Write Your Will Week instead of paying a solicitor's fee for the writing of their will individuals will be invited to make a donation to the hospital.

Sue said, "Thank you to all the solicitors generously giving their time. I truly hope it

encourages as many people as possible to get their wills written up and sorted!"

The participating solicitors are located in Lymington, West End, Southsea, General Hospital, Wimborne, Gosport and Newport.

For more information call us on **023 8079 8881**, email [charity@uhs.nhs.uk](mailto:charity@uhs.nhs.uk) or visit [www.southamptonhospitalcharity.org](http://www.southamptonhospitalcharity.org)

*Thank you to Hampshire Society for the use of this article.*

## Contact us

T: 023 8079 8881

E: [charity@uhs.nhs.uk](mailto:charity@uhs.nhs.uk)

W: [www.southamptonhospitalcharity.org](http://www.southamptonhospitalcharity.org)

Southampton Hospital Charity  
Mailpoint 135  
Southampton General Hospital  
SO16 6YD

Charity registration number 1051543



Like our Facebook page:  
[www.facebook.com/SouthamptonHospitalCharityUK](https://www.facebook.com/SouthamptonHospitalCharityUK)



Follow us on Twitter: [@charity\\_shc](https://twitter.com/charity_shc)



Join our group on LinkedIn:  
"Southampton Hospital Charity"

## Red & White Appeal update and opening

### State-of-the-art haematology day case unit now open

Wednesday 28th August 2013 saw the official opening of the haematology day case unit by Lady Brabourne, President of Southampton Hospital Charity. This modern unit has been designed purely with the needs of haematology patients in mind and was made possible through the resolute fundraising of the Red and White Appeal.

The Red and White Appeal was launched over four years ago and through the enthusiasm and commitment of all our supporters, patients with blood conditions such as leukaemia and other life-threatening blood cancers can be treated efficiently, in comfort and without fear of infection.

Southampton Hospital Charity has seen tireless fundraising and a generous stream of donations from individuals and local companies to smash the £1.76m target reached ahead of time and allow this exceptional unit to become a reality with patients now fully utilising its fantastic facilities.

Previously, patients had to go to another area of Southampton General Hospital and share facilities with patients suffering from solid tumour cancers. Overcrowded clinics were putting blood cancer patients, who have low immune systems, at risk of more infections that could seriously compromise their recovery.

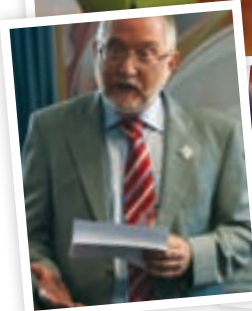
The new unit has been carefully thought out at every stage to ensure patients' needs are fully served in comfortable and pleasant surroundings. Located adjacent to the haematology inpatient facility, the new day case unit offers a more integrated approach to treatment and continuity



of care for patients. It will especially make a tremendous difference to the lives of those who visit regularly, each time for several hours.

Supporters of the Red & White Appeal who attended the official opening were delighted to see inside the unit for the first time. They were immediately met with bright colours, lots of space and an overwhelming recognition that every detail in the design of the unit has been fully considered to ensure patients are put at ease during their visit and that staff can work efficiently.

Joan Newman, clinical nurse specialist, said: "We're excited that this dream has now come to fruition and we're able to seamlessly offer the best care possible throughout our patients' treatment in a new, bright and comfortable environment. So many people have supported the appeal and we want to send them our heartfelt thanks as the creation and completion of the new unit would not have been possible without them."



## In loving memory Dolls houses raise £12,000

Supporter John Gardner has donated the proceeds from the sale of four dolls houses that were restored by his recently deceased wife, Doreen.

Doreen Gardner began restoring dolls houses around 1975. She was self-taught and by the time she passed away she had restored over 50 dolls houses and was well known locally for her work. The restoration of dolls houses is an intricate operation that involves taking the house back to its original condition. She worked on both wooden and plastic dolls houses that dated back from the 1700's to the end of the Second World War. When she died, she left 12 beautifully restored dolls houses.

Most dolls houses Doreen worked on were found unfurnished. She would restore one house at a time, removing paint and wallpaper to replace with appropriate décor. She would always be looking out for furniture for up to four houses at a time from fairs, markets and houses. Doreen would make the curtains, find kitchen utensils, dress the dolls, cut out new rugs whilst John, originally in forestry, would help with any woodwork that was required, such as repairing wooden bars and the roofs.

John said: "My favourite pieces in Doreen's dolls houses have always been the ivory bone mice and cats that she would put in every kitchen of each house she worked on."

The tallest house is a staggering 6ft tall and dates back to around 1780. Acquired from the Countess of Antrim this type of dolls house was known as a baby house and they were used to teach young girls how to run a home.

John continued: "I still work and I have a pension, so I don't need the money from the sale of the houses. Doreen was treated at Southampton University Hospital with 2 strokes and so I have chosen to donate the proceeds from the sale

of the houses to Southampton Hospital Charity. The money is going to various wards and departments around the hospital, including the children's wards and the Red & White Appeal!"

"It's amazing the work that Doreen would put into each house; she had such patience and a keen eye for detail. The houses can sell for between £40 up to £4000! I will keep three of the houses but the rest will be sold and the money donated to the hospital charity."



## Rapid access to treatment for patients thanks to new scanner

Children who visit our paediatric rheumatology ward are now able to benefit from more rapid access to treatment, thanks to a new ultrasound scanner.



The scanner, costing **£27,000**, has been financed entirely from charitable funding and is able to provide instant diagnosis for children with symptoms of rheumatic conditions. This then means our doctors are able to administer the treatment they need there and then.

Sarah Hartfree, paediatric rheumatology specialist nurse, said: "Rheumatic conditions can be very difficult to diagnose from symptoms alone, which is why an ultrasound scan is often necessary to properly assess the problem in order to provide effective treatment.

"In some cases, this would have meant the patient attending three separate appointments prior to receiving any treatment, but now we are able to provide diagnosis and treatment in the same day."

After identifying this opportunity to improve their patients' experiences, the paediatric rheumatology staff raised almost **£28,000** to fund a new ultrasound scanner, as well as training for staff to use it.

The money was raised through a series of events including a sponsored bike ride, bake sales and a charity gala, which on its own raised **£11,000** for the cause.

"Seeing how much of an impact the new scanner has had has only spurred us on to raise more money for the ward," said Sarah.

"We already have plans coming together for a number of fundraising activities in the near future, with the long-term goal of funding a psychotherapist and a physiotherapist to help improve patient experience even further."

Congratulations to all those that completed the Brighton Marathon for us!

Well done to Stuart McNamara, Jonathan Rouse and Kerry Usher who took part in the London to Brighton Challenge and completed the 60 mile run!

## Piam Brown Update



### What's been happening at Piam Brown?

The children's oncology and haematology centre

With 59 new families coming through Piam Brown Ward so far this year their resources are being well utilised.

Fundraising for the Ward is used to maintain and renew facilities and equipment whilst also making possible regular trips and outings to bring joy to the children and their families who are receiving treatment or have been treated on the ward.

### Next year's fundraising

Piam Brown is raising funds to redesign and equip the play room and teenagers' area that also doubles up as the school room. They also hope to fund ten specialised reclining chairs so that parents can sleep at their child's bedside whilst receiving treatment on the ward. Each chair costs £1,400.



## Recent outings

### Circus Starr

Ten families enjoyed a fabulous circus show performed by the not-for-profit Circus Starr that was made possible by the bounteousness of local businesses supporting the donated ticket programme.



### Mad Hatter's Tea Party onboard Princess Caroline

Special memories were created for 19 families as they enjoyed a wonderful tea party on the Solent thanks to the generosity of the Dave Welman Cancer Trust. Children were entertained by Alice and Hatter whilst adults enjoyed amazing views of five huge cruise ships at very close quarters.

### Paultons Park

The Joe Glover Trust teamed up with Valero to sponsor a day out at Paultons Park in June for ten families. Valero volunteers additionally supported the families on the day ensuring they fully enjoyed the rides and Peppa Pig World.



### Strictly Confidential

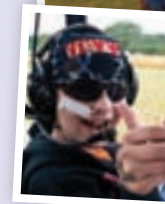
Sequins, fancy footwork, glitz and glamour were enjoyed on a theatre trip to Strictly Confidential made possible by the generosity of Lucy's Days Out who bought tickets, programmes and ice creams for eleven families with older children.

### Dreamnight

40 Piam Brown children and adults were invited to Marwell Wildlife's annual Dreamnight in July where they had their very own exclusive look at the animals after hours. They were also entertained by Punch and Judy, magic shows, costume characters, a fire engine to explore and face painting.



### Starlight's Escape to Popham Airfield



August saw the return of the Popham Flying Day, hosted by Starlight, giving 12 families

the chance to fly in a helicopter. The family fun day also included aeroplanes, cars, motorbikes, hovercraft, parachutists, clowns, face painting, magic, ponies and much more.

### Thomas and Friends

Wallenius Wilhelmsen Logistics made it possible for 15 families to meet Thomas the Tank Engine and Friends on the Watercress Line. Children enjoyed riding a real steam engine and waving at the Fat Controller!

### A huge thank you to all donors and sponsors including:

U Support, Lucy's Days Out, Valero, Joe Glover Trust, Dave Welman Cancer Trust, WWL, Paultons Park, Marwell Wildlife and Starlight.

## How your gifts have been used

Thanks to your generous donations, some of the items we have been able to purchase include:

**£232.48** was spent on a new flat screen TV on the wall of the waiting area of the day surgery unit for gynaecology, breast and general surgery patients to give them the opportunity to relax and watch television whilst waiting for their surgery.

**£1,581.98** from the Lahna Fund was used to fund two otoscopes to look into the ears of patients in the emergency department.

**£4,042.47** was used for a low profile bed and 10 fans on the head injury ward.

**£10,000** was raised by D3 who started fundraising in April this year for equipment vital in monitoring the side effects of chemotherapy much more closely. They have used the funds to buy 2 wall-mounted DASH monitors to observe patients' heart rate, blood pressure, oxygen saturation and respiratory rate; a portable ophthalmoscope to look into patients' eyes more closely; and an auriroscope on wheels to see into patients' ears. Congratulations to D3 on this achievement and thank you to everyone who kindly donated.



### Additional Items

- Activity box for patients with dementia **£28.46**
- Playroom crates for the children's wards **£30.21**
- A book on spirituality in healthcare for chaplaincy **£114.63**
- Articles for memory boxes for bereaved parents **£148.06**
- Nursery sun hats for the children **£197.25**
- DVD players and headsets for cardiac high dependency **£701.00**
- Specialist fans for the emergency department **£740.00**
- Pressure mats for elderly care **£1,348.00**
- Macroduct sweat collection system for the adult cystic fibrosis unit **£2,355.00**
- Tickets to Legoland for our paediatric cancer patients **£2,379.00**
- Beads of courage for the Piam Brown (children's cancer ward) **£3,250.00**
- Two ventilators for the neurological intensive care unit **£4,600.00**

If you are a UK tax payer, please **Gift Aid** your donations – it will enable us to claim an additional **25p per £1** donated

## Wheelchairs

Southampton Hospital Charity has funded 38 brand new wheelchairs for the benefit of visitors and patients at Southampton General Hospital.

With only 15 wheelchairs the hospital porters at Southampton General Hospital have been struggling to manage effectively the transportation of patients, causing delays for patients and their treatment, and resulting in inefficiencies within the Trust.

The Portering Department became responsible for wheelchairs at the beginning of this year and has since been conducting daily wheelchair round ups to keep track of their location at the end of the day and prevent any further losses.

Steve Court, porter manager said: "The hospital desperately needed more wheelchairs. Porters were taking up to 30 minutes to find an available wheelchair to transfer patients and this resulted in delays to their treatment. The shortage also meant that staff often requested patients to be transferred on beds and trolleys, for expediency, that requires two porters as opposed to one porter to transfer a patient in a wheelchair.

"It's fantastic news that we will have more than triple the number of wheelchairs we have been managing with. Patients will now be transported more timely around the hospital, visitors who require wheelchair assistance to see their family and friends will also benefit and porters will be better utilised.

"We are extremely grateful to Southampton Hospital Charity for purchasing these much needed wheelchairs. Without a central budget for wheelchairs and with little surplus from



departmental budgets the Southampton Hospital Charity stepped in to buy these desperately needed wheelchairs. Over **£18,000** of the charity funds have been used to buy 10 large and 28 standard wheelchairs to accommodate our patient needs."

These new wheelchairs will carry the Southampton Hospital Charity logo and be held at convenient stations around the hospital where they can be accessed using a security card by designated members of staff.

Southampton Hospital Charity would like to thank the many other supporters, fundraisers and volunteers who have made a real difference across the hospital.

# Congratulations to our Three Peaks Challenge Team

Rebecca Morris  
for raising  
£543 for the  
Orthotics Fund.

## Get involved 2013-2014

A small group of UHS staff; Andy Hyett, Paul Chamberlain, David Griffiths, Peter Holloway and Jonathan Burwell, together with their close friends and family; Noel Tancock, Jack Holloway, Simon Jupp, Andrew Phillips and Ben Tancock valiantly completed the Three Peaks Challenge on the hottest weekend of the year to raise money for Southampton Hospital Charity!

The Three Peaks Challenge consists of climbing Great Britain's three highest peaks all within 24 hours. Starting at Ben Nevis in Scotland, then onto Scafell Pike in England and finally Snowdon in Wales our team **travelled over 400 km**, climbed a total of 42km and despite exceptional temperatures they managed to complete the challenge in **23 hours and 46 minutes!**

Peter Holloway said: "With varying degrees of training completed beforehand and fitness levels within the team, the quest to complete the three peaks challenge actually proved to be more mentally challenging than physical. Our team ranged in age from 21 to mid 50's years and we all felt such a sense of achievement upon reaching the end."

If you would like to help us, visit [www.southamptonhospitalcharity.org](http://www.southamptonhospitalcharity.org), call **023 8079 8881** or email [charity@uhs.nhs.uk](mailto:charity@uhs.nhs.uk)

Together with other fundraising events including a Chilean quiz night, Grand raffle and collections on the main entrance we have raised **£3,500** for Southampton Hospital Charity. We wanted to specifically raise money for the children's services in the hospital and we are thrilled that the funds we raised will be used towards an interactive floor in the children's outpatient unit.

The interactive floor will offer a fun, exciting and engaging sensory learning experience for the hospital's child patients of all ages. The images projected by this intuitive and highly flexible system respond to the smallest gesture or movement so that children can easily interact and generate immediate audio-visual experiences, learning about cause and effect and creating their own interactive applications.



### 23rd – 27th September Write Your Will Week

With the help of local solicitors, we will be encouraging supporters to have their wills professionally written and support their local hospital at the same time. For further information, please contact [jacqui.cammish@uhs.nhs.uk](mailto:jacqui.cammish@uhs.nhs.uk)

### 28th September Life Saving Science - University Hospitals Southampton Open Day

Come and see behind the scenes at Southampton General Hospital! For further information, please contact [openday@uhs.nhs.uk](mailto:openday@uhs.nhs.uk)

### 6th October Forget Me Not Service, St Andrews United Reform Church at 3pm

Princess Anne bereavement team will be holding a memorial service for all babies who have died before, during or after birth. There will be refreshments and an opportunity to talk after the service. For more information, contact **023 8079 6022**.

### 27th October Bupa Great South Run, Southsea

Join in the fun with **25,000** others at the World's premier 10 mile event! For more information on securing a charity place, contact [alanna.lee@uhs.nhs.uk](mailto:alanna.lee@uhs.nhs.uk)

### 8th November Bollywood extravaganza: "Celebrating Diversity" at P.O.S.H

Brighten up your November evenings with a splash of Bollywood. For more information, contact [lahna@tiscali.co.uk](mailto:lahna@tiscali.co.uk)



### 12th December Shining Stars Carol Service, St James Church, Southampton

Celebrate Christmas with us at our inaugural Carol Service. For more information, contact [alanna.lee@uhs.nhs.uk](mailto:alanna.lee@uhs.nhs.uk)

### 27th March 2014 L K Bennett Fashion Show, The Grand Café, Southampton

Come and see the latest fashion with your friends at the stylish Grand Café! Tickets are **£40** and include welcome drinks, 3 course meal, goody bag and live entertainment. For more information, contact [alanna.lee@uhs.nhs.uk](mailto:alanna.lee@uhs.nhs.uk)

### 6th April 2014 Brighton Marathon

Take on the challenge of this excellent south coast marathon! We have charity places available! Contact [alanna.lee@uhs.nhs.uk](mailto:alanna.lee@uhs.nhs.uk) for more details.

### 1st – 8th November 2014 Trek the Sahara!

Join our bespoke challenge to Morocco where you will take on the mighty Sahara desert for a 6 day trek followed by 2 days in Marrakesh volunteering at a local project. A once in a lifetime opportunity! For more details, contact [alanna.lee@uhs.nhs.uk](mailto:alanna.lee@uhs.nhs.uk)

# Christmas Cards 2013

Southampton Hospital Charity's Christmas cards are now available with four designs to choose



## Busy Night

Size: 150mm x 150mm  
10 cards with envelopes



## Silhouette Deer

Size: 125mm x 125mm  
10 cards with envelopes



## Mother & Child

Size: 125mm x 125mm  
10 cards with envelopes



## Circle of Friends

Size: 125mm x 125mm  
10 cards with envelopes

Greeting inside :

**Season's Greetings**

Greeting inside :

**Merry Christmas**

**To place your order please complete the form below**

## Order Form

	Price	Quantity	Total
Mother & Child	£3.50		£
Circle of Friends	£3.50		£
Busy Night	£3.50		£
Silhouette Deer	£3.50		£
<b>Postage and packing:</b> (up to 5 packs add £1.00, over 5 packs FREE)			£
<b>Donations to Southampton Hospital Charity</b>			£

**TOTAL:** £

Title: ..... Forename: .....

Surname: .....

Address: .....

Postcode: .....

Telephone: .....

Email: .....

I enclose a cheque for £ .....  
made payable to

Southampton Hospital Charity  
(please do not send cash in the post).

Please return by post to:

Southampton Hospital Charity  
FREEPOST RRUA-CSKX-JUBZ  
Mailpoint 135  
Southampton General Hospital  
SO16 6YD

(you do not need to use a stamp but it will save the charity money if you do- thank you).

**PLEASE RETURN ORDERS BY POST  
BEFORE 30TH NOVEMBER 2013**